# **RESUME**



# ABBAS ALI SHAIKH SWIMMING COACH & TRAINER POOL LIFEGUARD

#### **CONTACT DETAILS**

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Add- Flat-A 506, Faizan Apt, sonaji Nagar, Mumbra, Thane-400612, Maharshtra Date of birth: 17/03/2001

# **Summary**

Swimming pool lifeguard swimming coach & trainer with 4 years of experience. Experienced lifeguard versed in clean observation of swimmers and safety protocols. Offered valuable tips and instruction to patrons of various ages to build confidence and strength in water through my lifeguard and camp counsellor experience. Strong Communicator and team player with superior work ethic.

# **EDUCATION/ CERTIFICATION**

- (ASCA) American swimming coaches association (Level 1 & 2).
- (RLSS) RASHTRIYA LIFE SAVING SOCIETY OF [INDIA] ASSOCIATON PUNE. (LIFEGUARD) RESUSCITATION — FIRST AID — LIFE GUARDING (CPR)
- (RLSS) (SNS) SWIM N SURVIVE Trainer certificate.
- Certification of Pool Safety (PMC).
- Certificate National CPR Foundation CPR/AED/First-Aid.
- COACHTUBE Swimming Certificate of Completion.
- POSITIVE STROKE (The Acres).
- MEDIFIT EDUCATION General fitness trainer.
- MAHATMA NIGHT JUNIOR COLLEGE (HSC).
- VINAY HIGH SCHOOL (SSC).

#### **PASSPORT DETAIL:**

PASSPORT NO.: W 3653156 DATE OF ISSUE: 16.08.2022 DATE OF EXPIRE: 15.08.2032

#### **EXPERIENCE**

# **WORK HISTORY**

- Swimming Head Coach at The Acres Lifestyle Club Chembur April 2023 - Present.
- Swimming Coach at MICHAEL PHELPS SWIMMING Academy (Waveline Sports Private Limited) August 2022 – March 2023.
- Lifeguard and Trainer at MAVERICK Sports Academy Pune (RLSS) APRIL 2020 – JUNE 2022.

#### **SKILLS**

- (ASCA) (RLSS) Swimming Coach & Trainer
- (RLSS) Pool Lifeguard (First-Aid) (CPR) (AED).
- Public safety.
- Pool Safety (CFT).
- · Multiple Certifications in swimming.
- Strong communicator
- Lifeguard operations
- Observational skills
- First Aid and CPR
- Pool operations.

I hereby declare that the above-mentioned information is correct up to my knowledge and I bear the responsibility for the correctness of the above mentioned particular.

Place/Date: Sign